



New York
Early Childhood
Professional
Development
Institute





Welcome!

Welcome to the ACS/CUNY Informal Family Child Care Project *Guide to Free and Low Cost Activities to do with Children in New York City!* As a child care provider, you have the unique responsibility and joy of caring for children during an important time in their lives. Being out in the world adds variety to the day and helps children develop a sense of themselves and the world around them. We hope this guide makes your time with children easier, more interesting and more FUN!

Who we are:

The ACS/CUNY Informal Family Child Care Project (IFCC) is a partnership between the Administration for Children's Services (ACS) and the City University of New York (CUNY) created to support the important work you do with children and families every day. IFCC offers a variety of programs and services, including:

- Professional learning workshops
- · Coaching and individualized support
- · Career development, and
- Resources and materials to use with children.

Who this guide is for.

Whether you are caring for one child a few days a week or several children on a regular basis, you are building relationships and providing important learning opportunities through the choices you make every day. IFCC created this guide for you, to share information about the rich resources and experiences available for young children in New York City, many of which are free or low cost.

How to use this guide:

Outings with children can include short trips – like a daily walk or a visit to a local park, library, or grocery store – or longer outings to specific destinations. In this guide, you will find information about places to visit with children and tips for making your outings safe and engaging. The guide is organized in two ways – by borough and by type of experience or venue – and puts information about the diverse resources NYC has to offer at your fingertips.



MUSEUMS AND **CULTURAL INSTITUTIONS**

Plan Your Visit

- to visit.
- **PREPARE** for the outing.
 - → Visit the venue's website or call in advance for information
 - → Choose one or two exhibits or areas to focus on during your visit
 - → Consider logistics like transportation, supervision, weather, and meals
 - → Inform families in advance about where you're going.
 - → Ensure children are dressed properly.
 - → Pack a first aid kit.
- **BUILD** excitement before your visit.
 - → TALK with children about what they might see and introduce new words and concepts (What is a museum? What is an exhibit?).
 - → **READ** books and share stories about some of the things they may see.
 - → **ASK** questions to learn what children are curious about

While You're There

- FOLLOW children's lead and let them guide your exploration.
- **OBSERVE** children interacting with exhibits, displays, activities.
- **DOCUMENT** your observations with pictures or notes to help children remember the experience later.

- CHOOSE a museum or cultural venue LISTEN and OBSERVE for opportunities to introduce new words or concepts
 - ASK open-ended questions like:
 - → What do you NOTICE?
 - → What do you WONDER?
 - → How does it make you FEEL?
 - Make it FUN!
 - → Invite children to ACT OUT what they see.
 - → PLAY "I SPY" (I spy something red, round, HÙGÉ, tiny, etc.).

Extending Learning

- At home, **ENCOURAGE REFLECTION** about the outing. You might ask:
 - → What did you like the most about our trip today?
 - → What new words did you learn?
 - → What can we find or use at home to make our own art (or structures, animals, etc.)?
- EXTEND children's learning by trying the following activities after your visit:
 - → **CREATE** an art gallery with children and **OBSERVE** each other's creations
 - → READ and TALK about art and creative expression.

BRONX Museums and Cultural Institutions

48th Police Precinct Station

1925 Bathgate Ave Bronx, New York 10457 (718) 299-3900 Historic Building built in 1901.

The 48th Police Precinct Station, designed in 1900 by Horgan & Slattery and completed in 1901, is an excellent example of Italian Renaissance Revival municipal architecture. The station survives as a prominent architectural landmark in the East Tremont section of the Bronx.

Directions:



to Tremont Ave/West Farms Sq to Bx 42 bus to E Tremont/3rd Ave

Bartow-Pell Mansion and Carriage House and Landmark

895 Shore Road, Pelham Bay Park Bronx, NY 10464 (718) 885-1461 bartowpellmansionmuseum.org Free Admission for Garden Grounds

For Mansion: Wednesday, Saturday and Sunday

12 p.m. – 4 p.m. \$5 for adults \$3 for seniors & students free for children under six

Built 1836, Bartow-Pell Mansion Museum, with its splendid Greek Revival interiors, is tucked away in a lovely, quiet corner of Pelham Bay Park – an area that was once home to more than 20 elegant country estates. As the only grand country house still in existence on Pelham Bay, it provides an important link to the social and architectural history of New York.

Directions:



6 to Buhre Ave, Bx8 bus to Dean Ave/Lafayette Ave

BRONX Museums and Cultural Institutions

Bronx Borough Courthouse

East 161st Street, Third and Brook Avenues Bronx, New York 10451

The Bronx Borough Courthouse is a U.S. National Historic Place and a New York City landmark. It was built between 1905 and 1914 in Melrose near Boston Road, Third Avenue, St. Anns Avenue and 161st Street.

Directions:



4 D to 161st St - Grand Concourse

Bronx Museum of the Arts

1040 Grand Concourse at 165th St Bronx, NY 10456 (718)-681-6000 bronxmuseum.org Free Admission

The Bronx Museum of the Arts is a contemporary art museum that connects diverse audiences to the urban experience through its permanent collection, special exhibitions, and education programs. The Bronx Museum of the Arts is dedicated to providing all visitors access to its contemporary art collection and exhibitions.

Directions:







to 167th St

Derfner Judaica Museum

Jacob Reingold Pavilion, Hebrew Home, Riverdale 5901 Palisades Avenue Bronx, NY 10471 (718) 581-1000 riverspringhealth.org/derfner-judaica-museum Free Admission

The Derfner Judaica Museum is a cultural and educational center that offers great exhibitions relating to Jewish history and contemporary Jewish culture.

Directions:

to 231st St, then Bx10 bus to Riverdale Ave & 261st St

to Marble Hill Ave/228th St, then Bx7 bus to Riverdale Ave & 261st St

to Bedford Park/Lehman College, thenBx10 bus to Riverdale Ave & 261st St

BRONX Museums and Cultural Institutions

Fordham University Museum of Greek, Estrucan and Roman Art

Rose Hill Campus

441 E Fordham Rd

Bronx, NY 10458

718-817-3590

library.fordham.edu/resources/fordhammuseum

Free Admission

The Fordham Museum of Greek, Etruscan and Roman Art features more than 260 antiquities dating from the 10th century B.C. through the 3rd century A.D. The collection spans several periods, Mycenaean, Villanovan, Classical Greece, Geometrical, Archaic Roman, Imperial Roman, Republican, Etruscan, South Italian.

Directions:



🚺 to Fordham Rd

Hall of Fame for Great Americans

2155 University Ave

Bronx, NY 10453

(718) 289-5100

Free Admission, Donation Recommended

The original "Hall of Fame" for Great Americans is also known as a New York Landmark to honor prominent Americans who have had a significant impact on this nation's history.

Directions:





4 D to 183rd St



PARKS, RECREATION AND OUTDOOR VENUES

Plan Your Visit

- CHOOSE a park or other outdoor venue to visit.
- **PREPARE** for the outing:
 - → Visit the venue's website or call in advance to plan trip logistics.
 - → Choose one or two areas to focus on during your outing.
 - → Consider logistics like transportation, supervision, weather and meals.
 - → Inform families in advance about where you're going.
 - → Plan your route and be prepared to adjust based on children's needs.
 - → Ensure children are dressed properly.
 - → Pack a first aid kit.
- TALK about what to expect.
 - → What do they think they will see?
 - → Are there games or equipment they look forward to playing with?

While You're There

- ENCOURAGE children to use their SENSES
 - → ASK them to close their eyes and tell you what they hear or smell.
 - → TOUCH tree bark and other clean, safe objects you find and talk about texture, shape and size.
- ENCOURAGE children to LOOK for wildlife.
 - → LOOK under rocks and sticks for bugs, look up in the trees for birds.
 - → LOOK for animal tracks or for feathers that can tell the story of the animals that live in the area.

- **GO** on a scavenger hunt! Work together to create a list of items you may find and see outdoors.
- **COLLECT** leaves, rocks, sticks and other items to bring back with you.

Extending Learning

- When you get home, ENCOURAGE REFLECTION about their experience and discoveries.
- · You might ask:
 - → What did you like the most about our time outside today?
 - → What did you find on our outing today?
- DISCUSS what they see and EXPAND on their observations using descriptive words.
- **EXTEND** their learning by trying the following activities with them after your outing:
 - → ASK children to share their observations and discoveries.
 - → OFFER books and FACILITATE discussions about the outdoors, living in a city, the animals they saw.
 - → MAKE art using the items you collected. Press flowers, glitter pinecones or draw part of your favorite park outdoor activity.

BRONX Parks, Recreation and Outdoor Venues

Bronx Zoo

2300 Southern Blvd Bronx, NY 10460 (718) 220-5100

bronxzoo.com

Wednesday Admission Pay As You Wish

The Bronx Zoo connects families, children, and adults to wildlife. With the Bronx Zoo's friendly environment you will enjoy the full experience and witness exhibits and attractions unfold.

Directions:



to East Tremont Ave/West Farms Sq

Crotona Park

1700 Crotona Ave (718) 378-2061 nycgovparks.org/parks/crotona-park

Crotona Park, named after the Greek colony of Croton, is known for its 28 tree species and beautiful 3.3 acre lake, which is home to turtles, ducks, and fish.

Directions:





to Freeman St D to Claremont Pkwy

Jerome Avenue Market

Mullaly Park Bet. River Ave & McClellan 8am - 4pm Fridays starting June 27th to Nov 21st

Harvest Home Farmer's Market is a NYC non-profit organization dedicated to increasing access to local, farm-fresh produce for low-income neighborhoods.

Directions:



4 D to 161st St - Yankee Stadium

BRONX Parks, Recreation and Outdoor Venues

The New York Botanical Gardens

2900 Southern Blvd Bronx, NY 10458 (718) 817-8716 nybq.org

Free Admission to the grounds Wednesday and Saturday 9-10 am

The New York Botanical Garden is a giant plant kingdom. The Garden provides more than just a beautiful nature experience but also takes the role of a museum of plant collections.

Directions:



to Norwood - 205th St

Orchard Beach

Long Island Sound in Pelham Bay Park (718) 885-2275 nycgovparks.org/parks/pelham-bay-park/facilities/beaches Free Admission

Orchard Beach is a free public beach near Pelham Bay Park and situated on the western end of Long Island Sound. Enjoy the sun and assorted events, playgrounds, and fun.

Directions:



6 to Pelham Bay Park, then BX29

La Familia Verde Farmers Market

East Tremont & LaFontaine Aves lafamiliaverde.org 8 am - 2 pm Tuesdays

La Familia Verde is a Community Garden Coalition and Resource Center known for its Farmers Market which provides fresh produce from 5 community farms. Join the celebration all summer long.

Directions:





2 (6) to 149th St - Grand Concourse



BRONX Parks, Recreation and Outdoor Venues

Target Bronx Community Garden

1025 Anderson Avenue Bronx, NY 10452 nyrp.org/green-spaces/garden-details/target-bronx-community-garden Open up to 20 hours minimum per week

Founded in 1982, this open space has long been used by local gardeners to raise a variety of vegetables and fruit, including tomatoes, corn and pears, and to harvest apples from the garden's beloved, mature apple tree.

Directions:





(F) 4 to 161st St - Yankee Stadium

Van Cortlandt Park

Van Cortlandt Park South bet. Broadway and Jerome Ave Bronx, NY 10462 (718) 430-1890 nycgovparks.org/parks/VanCortlandtPark Free Admission

Van Cortlandt Park is a beautiful park in the heart of the Bronx near the Westchester County line, the park is great for picnics and playground fun.

Directions:





🚺 🔼 to Van Cortlandt Park - 242nd St

Wave Hill

675 West 252nd Street Bronx, NY 10471 (718) 549-3200 wavehill.org Free Admission

Wave Hill is a public garden and cultural center overlooking the Hudson River and Palisades in the Bronx. Wave Hill's vibrant landscape is one of the most beautiful places in New York City.

Directions:

to the end of the line at West 242nd Street. A free Wave Hill shuttle van meets passengers on the west side of Broadway in front of Burger King.

LIBRARIES

Plan Your Visit

- **CHOOSE** a library to visit.
- **PREPARE** for your visit:
 - → Visit the library's website or call the branch you will be visiting. Most library branches offer interactive story times for different age groups as well as many other free programs and activities.
 - → Consider visiting the library in advance to meet the children's librarian and learn the layout of the library.
- SIGN UP for your own library card if you don't already have one, and ask parents if their children have library cards before you go.
- PREPARE children for story times at the library by setting aside a daily Story Time when you read aloud to children. If there are older children in your care, you may want get them involved in reading aloud to children as well.

While You're There

- INTRODUCE the children to the children's librarian and encourage children to ask for help with finding books. Older children may ask for help with homework assignments or projects.
- DO a Picture Walk.
 - → Choose a book preferably with lots of illustrations - and "walk" through the book, one page at a time

- → OBSERVE what children NOTICE.
- → TALK about the characters and ask children to PREDICT what might happen, then
- → **READ** the book together.
- ENCOURAGE children to select one or two books (or more!) to bring home. You may also consider checking out books on tape or CD, DVD's and other available resources.

Extending Learning

- When you get home, ENCOURAGE REFLECTION about their experience at the library.
- You might ask:
 - → What was your favorite part of the story you heard today?
 - → Why did you choose these books today?
- EXPLORE the following activities to continue promoting EARLY LITERACY and LANGUAGE development.
 - → **READ** to and with children
 - → OBSERVE how they INTERACT with books and stories
 - → **INVITE** children to create books of their own
 - → CREATE a quiet and comfortable Book Nook or area in your home with books and soft materials.

Main Branch

Bronx Library Center

310 East Kingsbridge Road (at Briggs Avenue) Bronx, NY 10458 (718) 579-4244 nypl.org

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UTI	ner	Brai	nci	ies

Allerton Library 2740 Barnes Ave Bronx, NY 10467 (718) 881-4240

Belmont Library and Enrico Fermi Cultural Center 610 E. 186th Street Bronx, NY 10458

City Island Library 320 City Island Ave Bronx, NY 10464 (718) 885-1703

(718) 933-6410

Eastchester Library 1385 E Gun Hill Rd Bronx, NY 10469 (718) 653-3292

Grand Concourse Library 155 E 173rd St Bronx, NY 10457 (718) 583-6611

Hunts Point Library 877 Southern Boulevard Bronx, NY 10459 (718) 617-0338

Kingsbridge Library 291 W 231st St Bronx, New York 10463 (718) 548-5656

Morris Park Library 985 Morris Park Avenue (between Radcliff and Colden Aves.) Bronx, NY 10462 (718) 931-0636 **Baychester Library** 2049 Asch Loop North Bronx, NY 10475 (718) 379-6700

Castle Hill Library 947 Castle Hill Avenue (at Bruckner Blvd.) Bronx, NY 10473 (718) 824-3838

Clasons Point Library 320 City Island Ave Bronx, NY 10464 (718) 842 -1235

Francis Martin Library 2150 University Avenue (at 181st St.) Bronx, NY 10453 (718) 295-5287

High Bridge Library 78 West 168th Street (at Woodycrest Ave.) Bronx, NY 10452 (718) 293-7800

Jerome Park Library 118 Eames Place (near Kingsbridge Rd.) Bronx, NY 10468 (718) 549-5200

Melrose Library 910 Morris Ave Bronx, NY 10451 (718) 588-0110

Morrisania Library 610 East 169th Street (at Franklin Ave.) Bronx, NY 10456 (718) 589-9268

Mosholu Library

285 East 205th Street Bronx, NY 10467 (718) 882-8239

Parkchester Library

1985 Westchester Avenue (at Pugsley Ave.) Bronx, NY 10462 (718) 829-7830

Riverdale Library

5540 Mosholu Avenue Bronx, NY 10471 (718) 549-1212

Soundview Library

660 Soundview Avenue (at Seward Ave.) Bronx, NY 10473 (718) 589-0880

Throg's Neck Library

3025 Cross Bronx Expressway Extension (at E. Tremont Ave.) Bronx, NY 10465 (718) 792-2612

Van Cortlandt Library

3874 Sedgwick Avenue (south of Mosholu Parkway) Bronx, NY 10463 (718) 543-5150

Wakefield Library

4100 Lowerre Place (at E. 229th St.) Bronx, NY 10466 (718) 652-4663

Westchester Square Library

2521 Glebe Avenue Bronx, NY 10461 (718) 863-0436

Woodstock Library

761 East 160th Street (west of Prospect Ave.) Bronx, NY 10456 (718) 665-6255

Mott Haven Library

321 E 140th St Bronx, NY 10454 (718) 665-4878

Pelham Bay Library

3060 Middletown Road Bronx, NY 10461 (718) 792-6744

Sedgwick Library

1701 Martin Luther King, Jr. Blvd. (at W. 176th St.) Bronx, NY 10453 (718) 731-2074

Spuyten Duyvil Library

650 W. 235th St. (at Independence Ave.) Bronx, NY 10463 (718) 796-1202

Tremont Library

1866 Washington Avenue (at E. 176th St.) Bronx, NY 10457 (718) 299-5177

Van Nest Library

2147 Barnes Avenue (near Pelham Parkway South) Bronx, NY 10462 (718) 829-5864

West Farms Library

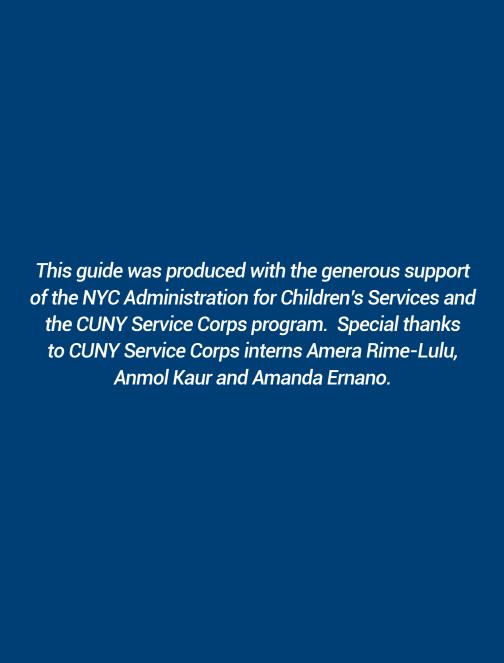
2085 Honeywell Avenue (between E. 179th & 180th Sts.) Bronx, NY 10460 (718) 367-5376

Woodlawn Heights Library

4355 Katonah Avenue (at E. 239th St.) Bronx, NY 10470 (718) 519-9627









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